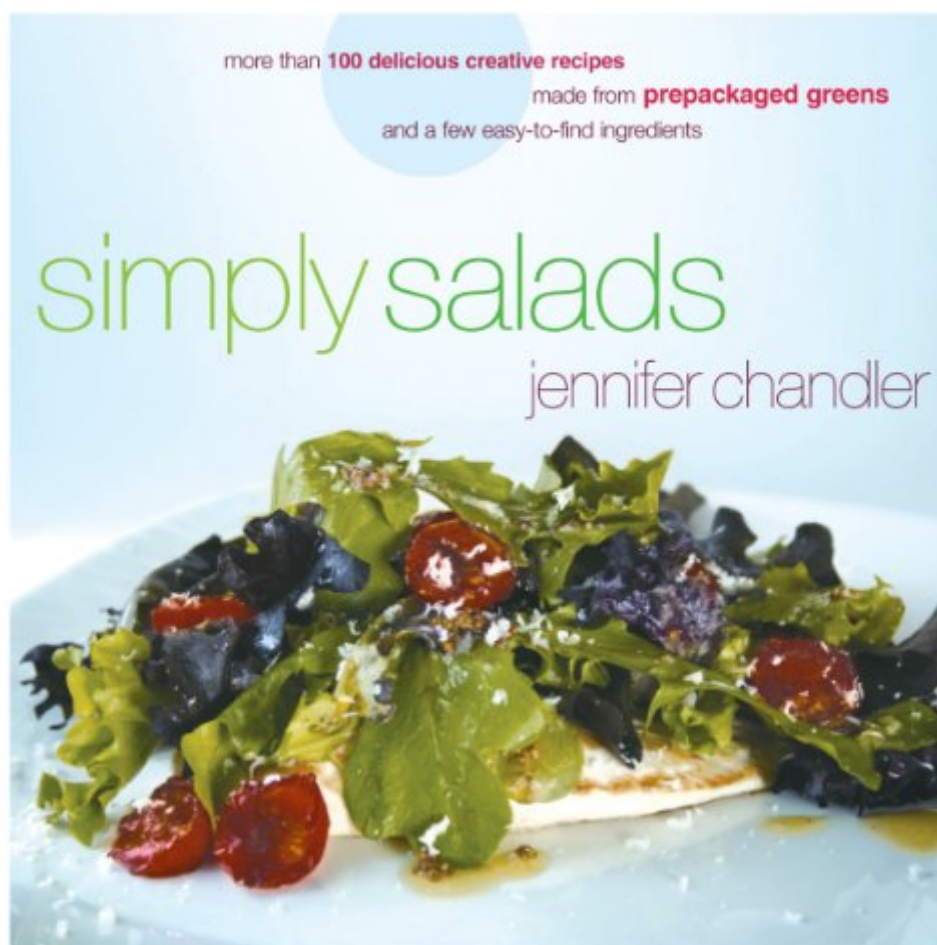


The book was found

# Simply Salads: More Than 100 Creative Recipes You Can Make In Minutes From Prepackaged Greens



## Synopsis

From bag to table, healthy salads have never been easier. You've always known that eating green could be healthy, and now it's easier than ever. With the abundance of supermarket selections of prepackaged greens, you can create a restaurant-style salad?along with a fabulous dressing?in your own kitchen. Before bagged blends, a salad with four different types of lettuces was unheard of. Now there are more than fifty different combinations of lettuces, packaged in just the right size, from which to choose. Think beyond iceberg and romaine. The more than one hundred salads and dressings in *Simply Salads* are colorful, gourmet, and surprisingly simple to prepare. Whether you're looking for the perfect complement to a main dish or you want a salad that can stand as an entrée, you'll find the perfect salad, including such winners as: Asian Salad with Ginger Dressing and Wasabi Peas (page 4) Jalapeño Chicken Salad with Avocado Dressing (page 40) Crawfish Salad with Spicy Cajun Remoulade (page 106) Cheese Tortellini Salad with Sun-Dried Tomato Vinaigrette (page 172) Memphis Mustard Cole Slaw (page 223)

## Book Information

File Size: 13074 KB

Print Length: 272 pages

Simultaneous Device Usage: Up to 5 simultaneous devices, per publisher limits

Publisher: Thomas Nelson (April 1, 2007)

Publication Date: April 1, 2007

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B002JF1MAG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #77,910 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #14 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Vegan & Vegetarian > Salads #19 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Sauces & Toppings #27 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Salads

## Customer Reviews

'Simply Salads' by relative newcomer writer, Jennifer Chandler, is based on a simple and very attractive premise of using cut, cleaned, and bagged greens from your grocers' refrigerated produce section. I am not a great fan of these bagged goods, except for the single variety packs of spinach, arugula, and the like. And, since I am known for excessive nit-picking, let me say at the outset that this is a first rate cookbook resource for someone who really likes salads. For those people, especially people with at least three or four people to feed at a sitting who do not have a lot of time to shop for and prep the individual greens, this is a superb premise, and Ms. Chandler pulls it off with very few gotchas. The biggest question regarding these packaged greens, of course, is whether to trust the 'pre-washed' claim, especially in light of the recent vegetable borne food contamination on spinach and onions. I was firmly in the camp, even before this news, of thoroughly washing all greens, sometimes several times (for spinach especially), and I was backed up in this view by no less than Emeril Lagasse who, on a show a few years back, gave a scolding look to the notion of using unwashed greens, regardless of the packaging. The author tends to believe the packagers' claim of effective pre-washing. I would recommend washing and spinning dry, regardless of how big the 'prewashed' blurbs are on the package. I warmed up to Ms. Chandler's book when I saw her list of recommend kitchen tools and pantry items. These lists seem to be done by every Tom, Dick and Harry cookbook writer, and many are unnecessarily long for the 'cook because I have to' working parent. Ms. Chandler's list is just about right.

I love an exotic salad. I collect specialty cookbooks. Ergo, "Simply Salads" is now an integral part of my collection. Not without good reason! Right on the cover, Jennifer Chandler announces that her cookbook contains "more than 100 delicious creative recipes made from prepackaged greens and a few easy-to-find ingredients." My goodness, who could ask for more, but I did. I wanted proof. Let's walk through the book. (When I get a new cookbook, I start at the beginning and leaf through every single page, stopping at certain recipes to read for difficulty and ingredients. Oh my, but I want to try so many recipes from this book.) This introductory chapter displays all the packaged greens, a standard list of kitchen aids needed, and pantry items. The first recipe is "Steakhouse Wedge Salad" and what a gorgeous photo (Every single recipe has a close-up photo of the salad). By the way, each recipe comes with a homemade dressing, but, of course, store-bought can be used. Here's a Wilted Spinach Salad with mushrooms and an egg-based dressing. The book is arranged by categories of salads. The two recipes above come from the Greens chapter. Others are the various meats, Fruit, then Beans, Grains, Rice & Pasta, next Slaws, and the additional Dressings chapter. Let's continue our flip-through: Grilled Romaine with mandarin orange slices and toasted

almonds with a green goddess dressing. Does it look great! Black and Blue Chicken Salad (Bleu cheese and blackened chicken), Prosciutto and Melon Salad, Beef Tenderloin Salad with Horseradish Dressing (yogurt, sour cream, horseradish, and mayonnaise--sounds heavenly, yes?), and Grilled Lamb and Tabbouleh Salad for a Middle Eastern flavor.

[Download to continue reading...](#)

Simply Salads: More than 100 Creative Recipes You Can Make in Minutes from Prepackaged Greens Salads - Top 200 Salad Recipes Cookbook (Salads, Salads Recipes, Salads to go, Salad Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad Dressing, Fruit Salad) Salad Of The Week: 52 Amazing Salad Recipes For Weight Loss And Healthy Eating "The Delicious Way" (Salads, Salads Recipes, Salads To Go, Salad Cookbook, ... Cookbooks Collection Book 1) American Heart Association Quick & Easy Cookbook: More Than 200 Healthful Recipes You Can Make in Minutes Simply Sugar and Gluten-Free: 180 Easy and Delicious Recipes You Can Make in 20 Minutes or Less Blender Recipes: 27 Blender Recipes You Can Make with High Speed Blenders - Juicing For Weight Loss & Vitality (Blender Recipes You Can Make With Your ... Star & Other High Speed Blenders & Juicers) The Graphic Designer's Digital Toolkit: A Project-Based Introduction to Adobe Photoshop Creative Cloud, Illustrator Creative Cloud & InDesign Creative Cloud (Stay Current with Adobe Creative Cloud) Dump Meals Box Set (11 in 1): Healthy and Easy-to-Make Recipes to Make in Less than 30 Minutes (Quick and Easy Microwave Meal Recipes) Best Green Eats Ever: Delicious Recipes for Nutrient-Rich Leafy Greens, High in Antioxidants and More (Best Ever) Pizza Recipes: 100 Pizza Recipes for Home Cook (+BONUS: 100 FREE recipes) (100 Murray's Recipes Book 9) Pasta Recipes: 100 Pasta Recipes for Home Cook (+BONUS: 100 FREE recipes) (100 Murray's Recipes Book 8) Bread Machine Recipes: By Simply Pressing A Button, You Can Easily Recreate These Bread Recipes (Quick & Easy Recipes) Japanese Takeout Cookbook Favorite Japanese Takeout Recipes to Make at Home: Sushi, Noodles, Rices, Salads, Miso Soups, Tempura, Teriyaki and More (Takeout Cookbooks 6) Jello Shot Recipes: 55 Fun & Creative Jello Shot Recipes for your Party (Jello Shots, Jelly Shots, Party Recipes, Jungle Juice, Punch Recipes, Vodka Recipes, ... Rum Recipes, Cocktail Recipes, Wine Making) Easy Chicken Recipes Cookbook: Top 50 Mouth-Watering, Easy to Make Recipes Including Grilled Chicken Recipes, Baked Chicken Recipes, Chicken Soup Recipes, Chicken Thigh Recipes, and Many More! Simply Scones: Quick and Easy Recipes for More than 70 Delicious Scones and Spreads The High-Protein Cookbook: More than 150 healthy and irresistibly good low-carb dishes that can be on the table in thirty minutes or less. Back in the Day Bakery Made with Love: More than 100 Recipes and Make-It-Yourself Projects to Create and Share How to Grow

More Vegetables, Eighth Edition: (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land Than You ... (And Fruits, Nuts, Berries, Grains,) I Can Make You Thin: The Revolutionary System Used by More Than 3 Million People (Book and CD)

[Dmca](#)